

# Restored

CARS, GOD, AND THE CHRISTIAN FAITH

## SMALL GROUP STUDY GUIDE

Week 3 June 29, 2025

“Life is a Highway”

### OPENING PRAYER

Heavenly Father, thank you for guiding us on life’s journey. Forgive us for the times we head in the wrong direction and don’t look to you for guidance to find our way back. We all want to arrive at our chosen destination safely and on time. So teach us the five rules of the road to make that happen, help us practice our spiritual disciplines, and show us how to be salt and light in our community. We pray this in the name of Jesus, Amen.

### SCRIPTURE PASSAGES

#### Proverbs 13:20 (NIV)

*Walk with the wise and become wise, for a companion of fools suffers harm*

#### Proverbs 19:20 (NIV)

*Listen to advice and accept discipline, and at the end you will be counted among the wise.*

#### Proverbs 27:12 (NIV)

*The prudent see danger and take refuge, but the simple keep going and pay the penalty.*

#### Ephesians 4:31-32 (NIV)

<sup>31</sup>Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup>Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

#### Ephesians 2:1, 4-5, 8-10 (NIV)

<sup>1</sup>As for you, you were dead in your transgressions and sins, <sup>4</sup>But because of his great love for us, God, who is rich in mercy, <sup>5</sup>made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. <sup>8</sup>For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— <sup>9</sup>not by works, so that no one can boast. For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

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## INTRODUCTION

In 2006, Disney and Pixar came out with an animated movie called Cars. Rascal Flatts' contribution to the soundtrack, a song called “Life is a Highway,” highlights how driving and the adventures on the road are a picture of what our life journey is supposed to be about. If that’s the case, what can help us have a successful journey in life?

If we want to reach our destination safely, we need to understand the “rules of the road”:

1. Don't travel alone.
2. Don't pick up strangers.
3. Choose the destination and get somebody's map.
4. Pay attention to the signs.
5. Don't carry unnecessary baggage.

Not only do we need to understand the rules of the road, but we need routine maintenance through praying for forgiveness and regularly doing our spiritual practices. And, finally, like a car’s purpose is to be driven, we need to live out our purpose to be salt and light in the world. This will help us reach our destination safely.

## QUESTIONS

1. What was the best road trip you have ever taken? Why was it so memorable?
2. Do you have an inner circle of friends that you do life with? How would you describe your inner circle of friends? Is anyone you’re traveling with making you less healthy? Making you doubt yourself? Dismissive of your values? If yes, what steps can you take to correct this situation?
3. Would you say you know where you’re planning to go? If so, where is that you’re going?
4. What spiritual disciplines do you practice that help you stay fueled for the journey?
5. In a video showed during the sermon, Joe Pluff, owner of a car restoration business, described a classic car that is never driven as a “trailer queen.” Meaning: no one drives the car; it is just taken by trailer to classic car shows. Are you a trailer queen or a daily driver when it comes to your faith?

## FINAL APPLICATION

What is one thing you can do this week to live out your God given purpose in life? How can this group help?