



VOICES
INSPIRING MESSAGES
ON TODAY'S TOPICS

SMALL GROUP STUDY GUIDE

Week 3 May 18, 2025

“Dr. Chris Hena”

OPENING PRAYER

Heavenly Father, we thank you for the ministry of Dr. Chris Hena and the many missionaries throughout the world who spread your love through their lives. We want to follow Your call, no matter where it takes us. Help us to take bold steps to show your love to others “in action and in truth.” We pray this in the powerful and matchless name of Jesus. Amen.

SCRIPTURE PASSAGES

1 John 3:18 (NIV)

Dear children, let us not love with words or speech but with actions and in truth.

Matthew 4:18-22 (NIV)

¹⁸As Jesus was walking beside the Sea of Galilee, he saw two brothers, Simon called Peter and his brother Andrew. They were casting a net into the lake, for they were fishermen. ¹⁹“Come, follow me,” Jesus said, “and I will send you out to fish for people.” ²⁰At once they left their nets and followed him.

²¹Going on from there, he saw two other brothers, James son of Zebedee and his brother John. They were in a boat with their father Zebedee, preparing their nets. Jesus called them, ²²and immediately they left the boat and their father and followed him.

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INTRODUCTION

As the “Voices” series came to a close, Dr. Chris Hena, a medical missionary in Liberia and long-time Asbury Mission partner, shared her experience with us. This week, our questions aim to spark discussion through various thoughts on serving others, one of the core actions of a follower of Jesus.

As followers of Jesus, we have a story to share; and words are only complimentary to telling it. We seek to serve the world with God’s love through word and deed, striving to follow the mission Christ set out for us: to make disciples of all nations.

QUESTIONS

1. Read 1 John 3:18 (on page 1). When has an action communicated to you in a way that words couldn’t? How do you seek to use your actions to show love and compassion to others?
2. When have you made a bold step for Jesus? What were the challenges and rewards of taking that step? When have you been given an opportunity to make a bold step but didn’t take it? Do you have regrets from not taking it?
3. Proverbs 11:25 says we can be “refreshed [by] refresh[ing] others.” How have you seen this in your life?
4. Read Matthew’s account of Jesus calling the disciples (Matthew 4:18-22, on page 1). A teacher asking a student to follow means that the teacher sees potential in the student and has confidence that student can be taught. When has someone taken a chance on you and left an indelible mark on your life? How has it impacted the way you strive to care for and influence others?
5. What are small actions that you can take to care for others on a daily basis? How do you use your gifts, time, and talents to show God’s love, even (maybe especially) without words?

FINAL APPLICATION

Pray together the following prayer, asking for Jesus’ help in showing his love to others through the way you live:

“Lord, let my actions speak Your truth, Your will, and Your way. Amen.”