



VOICES
INSPIRING MESSAGES
ON TODAY'S TOPICS

SMALL GROUP STUDY GUIDE

Week 3 August 25, 2024

"1% Better"



OPENING PRAYER

Heavenly Father, we thank you for this group and the lives of each person in it. As we gather, we ask that you help us to consider what it means for us to improve in our daily lives and our spiritual lives. We pray this in the powerful and matchless name of Jesus. Amen.

SCRIPTURE PASSAGES

Proverbs 13:20 (NIV)

*Walk with the wise and become wise,
for a companion of fools suffers harm.*

2 Peter 1:5-8 (NIV)

⁵For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; ⁶and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; ⁷and to godliness, mutual affection; and to mutual affection, love. ⁸For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.

SMALL GROUP STUDY GUIDE

Week 3 *August 25, 2024*
"1% Better"

INTRODUCTION

In Sunday's worship service, we welcomed guest speaker Chris Nikic. Chris' biography includes being "the first and ONLY person with Down Syndrome in the world to complete an Ironman, run all SIX Global Marathon Majors, Win TWO ESPY's, become a global Ambassador for Special Olympics, IRONMAN and Laureas to now being an inspirational speaker for the world's biggest companies, schools and non-profits." Chris has an inspiring and compelling story of how he worked in pursuit of his dreams; and he shares the underlying principles of his success to achieve his full potential using the "1% Better Success Habit."

QUESTIONS

1. How important is it to you to continually seek to improve yourself?
2. How important is it to you to continually seek to improve the lives of those around you?
3. What did you think of guest speaker Chris Nikic's strategy of "1% better?"
4. Read Proverbs 13:20 (on page 1). How do you think surrounding yourself with wise people can improve your life? On the flip side, how do you think being around "fools" can cause you harm?
5. Read 2 Peter 1:5-8 (on page 1). How does it encourage you that continual improvement can buttress many areas of your life? How is it daunting to see how many areas there are to give attention to?

FINAL APPLICATION

Re-read 2 Peter 1:5-8. Discuss as a group how you can support each other as you seek to improve in these areas both as individuals and together.