

INVESTING FOR LIFE

SMALL GROUP STUDY GUIDE

Week 3 November 13, 2022
“Leaving a Legacy”

OPENING PRAYER

Everlasting God, thank you for the wisdom of Moses. Teach us to slow down and give ourselves breathing room in our lives so that we may hear your purpose for our lives and lead lives that glorify and honor you. May we impact the lives around us in such a way that we leave a legacy worthy of you. We pray this in the glorious name of Jesus Christ. Amen.

SCRIPTURE PASSAGES

Psalm 90:1-6, 10-12 (NIV)

¹*Lord, you have been our dwelling place
throughout all generations.*

²*Before the mountains were born
or you brought forth the whole world,
from everlasting to everlasting you are God.*

³*You turn people back to dust,
saying, “Return to dust, you mortals.”*

⁴*A thousand years in your sight
are like a day that has just gone by,
or like a watch in the night.*

⁵*Yet you sweep people away in the sleep of death—
they are like the new grass of the morning:*

⁶*In the morning it springs up new,
but by evening it is dry and withered.*

¹⁰*Our days may come to seventy years,
or eighty, if our strength endures;
yet the best of them are but trouble and sorrow,
for they quickly pass, and we fly away.*

¹¹*If only we knew the power of your anger!
Your wrath is as great as the fear that is your due.*

¹²*Teach us to number our days,
that we may gain a heart of wisdom.*

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INTRODUCTION

Over the past two weeks, we have looked at how to invest our money so that we would find more joy and less stress in our lives. Based on advice from scripture, we learned that in order to live the life Jesus calls us to live, we must align our spending with our priorities. When we do that, we find the life that truly is life. But there is another type of investment in life, besides money, that will either give us a life of purpose or one that is joyless and stressful.

How we invest our time is important to living a life of purpose and it will determine the legacy we leave. Whether it's work, family, or other obligations, something is going to control your time. Why not give control to the One who gave it to you? Making room in your schedule begins when you recognize that time is limited . . . and therefore valuable. Use your time wisely. Begin by saying this prayer: “Teach me to number my days that I may gain a heart of wisdom.”

QUESTIONS

1. What do you think of when you hear the word “time?”
2. Do you currently or have you ever kept a Sabbath day? If so, what were the benefits? If not, what is challenging about the idea of taking a day off from your responsibilities and obligations?
3. Read Psalm 90 on page 1. Do you tend to think of your days as endless? Why is it difficult for us to number our days?
4. Is your schedule influenced by what culture values or what Jesus values?
5. Are you good at delegating tasks to others, or do you like to do everything yourself?

FINAL APPLICATION

Answer the following questions:

What should you add to your schedule?

What should you eliminate from you schedule?

What should you do more of?

What should you do less of?