



Small Group Study Guide

THE WALK

FIVE ESSENTIAL PRACTICES
OF THE CHRISTIAN LIFE

February 21, 2021
“Worship and Prayer:
A Living Hallelujah”

OPENING PRAYER

Loving God, thank you for walking with us. Thank you for inviting us to walk with you. Be with us as we learn together and grow in our understanding of what it means to be a Christian. In the name of your Son Jesus Christ, we pray. Amen.

SCRIPTURE PASSAGES:

Psalm 100 (NIV)

- 1 Shout for joy to the Lord, all the earth.
- 2 Worship the Lord with gladness;
come before him with joyful songs.
- 3 Know that the Lord is God.
It is he who made us, and we are his;
we are his people, the sheep of his pasture.

- 4 Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name.
- 5 For the Lord is good and his love endures forever;
his faithfulness continues through all generations.



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INTRODUCTION

There are five essential practices of the Christian life: worship, study, serve, give and share. This week we looked at worship. Many of us attend worship services in-person or online, but how would you define worship? Why is it so important to worship for Jesus followers?

Worship is our response to God's love and grace. We offer ourselves in praise and thanksgiving to our creator. There are fundamentally two forms of worship we see in scripture – community and individual. When we gather in community to worship we encounter Jesus in ways we can't do elsewhere and it renews our soul. But, we are meant to live our lives each day, not just on Sunday, as a living hallelujah. One way to do this is daily prayer. If we can regularly do these two forms of worship, we will grow in our relationship with Christ.

QUESTIONS

- 1) How do you define worship? Do you come to worship God with joy and thanksgiving?
- 2) Is there value in coming to worship even when you have negative feelings or neutral feelings? Why or why not?
- 3) What do you give thanks and praise to God for?
- 4) Do you believe that being grateful can increase happiness? Why or why not?
- 5) How would you grade your prayer life? What value do you find in prayer?

FINAL APPLICATION

Make it a goal to attend 90% of the worship services (in-person or online) for the remainder of the year. Pray five times a day during Lent. (morning, breakfast, lunch, dinner, evening).