



**I. Introduction**

- A. \_\_\_\_\_ demographics have changed dramatically in the past 50 years,
- B. When it comes to family, we have two things that we all have in \_\_\_\_\_:
  - 1. We didn't have any choice with our family of origin.
  - 2. We believe that our family life would be better if everyone in our family did what we said.
- C. There are almost no good examples of family in the \_\_\_\_\_.
- D. The New Testament gives us four \_\_\_\_\_ for families:
  - 1. Husbands, love your wives and be considerate.
  - 2. Wives, submit to your husbands.
  - 3. Children, obey your parents.
  - 4. Fathers, don't irritate your children.

**II. Mutual Submission**

- A. Everybody is to \_\_\_\_\_ to everybody in the family.
- B. We submit to one another out of reverence for \_\_\_\_\_.
- C. \_\_\_\_\_ exemplified how to leverage authority to become a servant to the people around you.

**III. Application**

- A. The question that mutual submission begs to ask is “What can I do to \_\_\_\_\_?”
- B. The barrier to asking the question is \_\_\_\_\_.
- C. Happiness, especially in a family, is \_\_\_\_\_ submission.
- D. The mutual submission principle has nothing to do with \_\_\_\_\_. It has everything to do with what we do with our authority.

***Things I Would Like to Remember About This Message***

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# ASBURY DAILY STUDY GUIDE *May 11-16, 2026*

## INTRODUCTION

In his letter to the Ephesians, the apostle Paul drew from Jesus' use of power in what is perhaps the most powerful relational teaching of all - an instruction that changes everything in family dynamics. It all comes down to asking a simple question: What can I do to help?

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### Monday: Ephesians 6:1-2 and Colossians 3:18-21

When these words were written and when this teaching was dispensed in the first century to Greek-thinking, Roman-behaving culture, these words were very new. Especially what Paul said about women and children, because this was a culture where women had just a little bit more value than cattle. They challenged the assumptions of family in the 1st century. How do these passages challenge your assumptions and experiences about family life? What do you hope your children experience in family that you did not?

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### Tuesday: 1 Corinthians 13:4-7

In which of your day-to-day relationships are you able to live out most of the qualities of love that Paul lists readily and easily? In which relationships is it a struggle to show these qualities, even with gritted teeth? How can God's love help us to grow in our capacity to love more naturally?

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### Wednesday: Ephesians 5:21-33

Ephesians 5:22 is misinterpreted by many people. The passage is not telling women to be subservient to men; it is actually a specific application to women of a principle that was given to everyone. We are called to mutual submission in a family. What is one obstacle to practicing mutual submission in your family? How can you overcome that obstacle?

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### Thursday: Deuteronomy 6:4-9

One of the greatest blessings we can give our children is to pass on to them our faith. Verse 7 says "Recite them to your children and talk about them when you are at home and when you are away, when you lie down and when you rise." How has your relationship with your parents made a relationship with God easier or more difficult? If you have children, how would your children answer that question?

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### Friday: Exodus 1:15-2:10

Moses was the human instrument God used to deliver Israel from slavery in Egypt. How crucial were his mother's (and sister's) courage and creativity, portrayed in this passage in saving his life? In what ways do you see God's power at work with and through Moses' loving family? How do you see God's power at work in your family?

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## MOVING FORWARD

Christian families should be characterized by mutual submission. The message of mutual submission is 'I'm here for you.' The assumption of mutual submission is that you are of no less value than me. The question mutual submission asks is: 'what can I do to help?' Ask that question to your family members this week.

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*Answers to the sermon notes: IA) Family, B) common, C) Bible, D) principles.*

*IIA) submit, IIB) Christ, C) Jesus. IIIA) help, B) fear, C) mutual, D) authority.*