# beyond uncomfortable May 25, 2025 "Beyond Uncomfortable" Mark 10:46-52; Luke 8:42b-48; Luke 19:1-5

# **SERMON NOTES**

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	Bartimaeus' shouting broke the social  Engaging God can take us out of our zone.
	The aids us and gives us courage
	during the Uncomfortable
	comes when we seek Jesus.
	Healing and can happen.
	Let our response to God's wonders be
Or	n the Other Side of Uncomfortable
A.	Jesus acknowledged the of those whom he healed.
В.	Beyond the uncomfortable may be God's
C.	the uncomfortable is most certainly worth it.
	Things I Would Like to Remember About This Message
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## ASBURY DAILY STUDY GUIDE May 26-31, 2025

### **INTRODUCTION**

From physical therapy aftermath to the guilt we feel when caught with our hand in the cookie jar, we, as people, do not like being uncomfortable. However, enduring the uncomfortable can be necessary for growth, recovery, and reconciliation. If we only sit, our legs cannot grow in strength from walking and exercise. If we do not endure the confession of our sins, how can we be forgiven for them? Therefore, through reflection and this week's study guide, may we become comfortable with being uncomfortable, knowing that our Lord walks with us and leads us further into the Kingdom of God. Amen?

### Monday: Philippians 4:11-13

Hardship, trouble and being uncomfortable can make us feel alone, yet Scripture offers us testimony upon testimony of God's abiding presence. Alone, we could not endure all that life throws our way; but with God so much beyond our imagining is possible. What testimony do you add about God's faithfulness in your life?

### Tuesday: Daniel 6:1-20

While some uncomfortable situations manifest mildly, others go to the extreme. Daniel endured the latter as he was thrown in the lion's den for his faith. Going through such suffering could break a person, yet from Daniel we see a response of praise. What reminders or aids can we give ourselves to praise God even amid hardship and suffering?

### Wednesday: Psalm 6 (in its entirety)

Being uncomfortable doesn't just manifest via achy muscles or pain, but includes emotional, mental and spiritual components. The Psalmist celebrates that even after nights of anguish it is the Lord who delivers us because of his unfailing love. What troubles do you wish to raise before God privately or collectively? Know that God hears your prayer.

### Thursday: "Be Thou My Vision" UMH#451 (https://www.hymnsite.com/lyrics/umh451.sht)

Blindness comes up in the Scriptures in many senses, including natural sight and of spirit. Jesus comes as The Way, the Truth and the Light. What practices do you use to guide you and improve your sight in all senses?

### Friday: Luke 17:11-19

Last but certainly not least, we reflect upon the importance of saying "thank you." In this reading, we observe another of Jesus' healing miracles. Upon being healed, the former lepers were naturally happy, and one of them came back to express his gratitude to Jesus. Do we say "thank you" enough? If not, can we commit to a daily thanksgiving for God's many blessings?

### **MOVING FORWARD**

From Pastor Rick:

"Oh I wish that this simple study would gift an immunity to feeling uncomfortable. However, my hope is that we have a better way to engage those uncomfortable times. What is one small step you can take to move through the uncomfortable towards the Kingdom to come?"

Answers to the sermon notes: IA) norm B) comfort, C) Holy Spirit. IIA) salvation, B) restoration, C) praise. IIIA) faith, B) blessing, C) enduring.