

The Lord's Prayer

SERMON NOTES

Week 3 March 20, 2022

“Our Daily Bread”

John 6:30-35



I. Our Daily Bread

- A. The problem when we pray is that we jump directly to our own _____.
- B. While we translate the Lord’s Prayer to say “our daily bread,” it also means our _____ bread or what we truly need for each day.
- C. This phrase of the prayer is often our _____ anchor in a heavenly prayer.

II. Physical and Spiritual

- A. Paul reminds us (in Ephesians 6:12) that our struggle is not against flesh and blood, but against _____.
- B. Jesus perplexed many when he called himself the “_____ of Life” and said those who believe in him will never go hungry or thirsty.
- C. As Christians, we break bread together to strengthen us for the journey and _____ our souls.

III. The Compassionate Heart

- A. The Lord’s Prayer challenges the affluent, who are overly focused on _____ for the future.
- B. “Our” reminds us that we are praying for the needs of the _____.
- C. Those who live, trusting God for their needs, are the most _____ and _____.

Things I Would Like to Remember About This Message



ASBURY DAILY STUDY GUIDE *March 21-26, 2022*

INTRODUCTION

“Give us this day, our daily bread,” is often where we want to jump first in prayer—our personal needs can feel so pressing and urgent. Jesus teaches us to pray first with the perspective of God’s Heavenly Kingdom, and then pray with confidence for what we need to sustain us each day. As we pray, we discover ways to partner with God to ensure others have their physical and spiritual needs met as well.

Monday: Luke 22:14-19

In his last hours with his disciples before his crucifixion, Jesus broke bread and said, “This is my body given for you; do this in remembrance of me.” The bread and the wine, which traditionally recalled God’s rescue of God’s people from Egypt, would now recall an even greater act—dying and rising to set all people free. How can this meaning of the bread fortify your trust and hope in these challenging days? Pray that your source of hope would be clarified today.

Tuesday: Exodus 16:14-19

Sometimes we call a positive, unexpected event “manna from heaven,” an allusion to the food that just appeared for the Israelites as God promised. The name “Manna” is a Hebrew pun echoed from “man hu,” which meant “What is it?” or even “What is this stuff?” Has God ever provided for you in a way that surprised or even puzzled you? Thank God today for wonderful surprises you have had in your life.

Wednesday: Matthew 4:1-4

The gospel writers record a time when Jesus faced spiritual tests in the desert. The first temptation was to turn stones into bread to meet his physical needs, no matter the spiritual cost. Quoting Deuteronomy, which referred to Israel’s experience of manna, Jesus makes it clear that he would depend on God to provide for his needs. Consider what lures you away from God. As you pray today, pray with confidence that you can depend on God alone for all your needs and desires.

Thursday: Isaiah 55:1-2

Centuries before Jesus, the prophet Isaiah asked, “Why should you spend money on what is not food, and your earnings on what does not satisfy?” Jesus too, would ask us to look past our current reality to “hunger and thirst for righteousness.” What about your life have you discovered “was not food” and did not satisfy? What choices fulfilled you spiritually? Pray for God to guide your path today to that which makes you whole.

Friday: Mark 6:35-37

Here Jesus is teaching a crowd in a remote place, and it is late in the day and the people are hungry. Using common sense, Jesus’ disciples are alarmed and tell Jesus to “send them away.” Jesus’ reply surprises them. “You give them something to eat,” he says. Gathering what they could, they saw Jesus turn little into plenty. When you see people struggling, do you respond like the disciples or like Jesus? May your prayer today turn your heart to compassion for those who are suffering, and guide your actions.

MOVING FORWARD

Pray for your own needs, knowing your Heavenly Father hears you, and then pray for guidance to share God’s “daily bread” with others. As you consider how to partner with God to bring people their “daily bread,” both physical and spiritual, you may be led to donate to or help a local food bank, provide funds for rescue efforts in Ukraine, or you may feel ready to have a new family over to your home for dinner. As you live the Lord’s Prayer this week, may you bring a little heaven on earth for someone this week.

Answers to the sermon notes: 1A) Needs, B) essential, C) earthly; II A) spiritual forces, B) Bread, C) nourish; III A) saving, B) community, C) compassionate/generous.