



# SERMON NOTES

## The Faith We Sing

Week 2 (April 18):  
"It is Well With My Soul"

*Philippians 4:10-13*

**I. Horatio Spafford - "It Is Well with My Soul"**

- A. Horatio Spafford wrote the hymn "It Is Well with My Soul" after his four children \_\_\_\_\_ onboard a ship that sank in the Atlantic Ocean.
- B. In the middle of our \_\_\_\_\_, God is still present.

**II. Paul and the Secret to Contentment**

- A. Paul said "I have learned to be content in whatever \_\_\_\_\_ I'm in."
- B. Paul says he discovered this \_\_\_\_\_ to being content that most people don't know.
- C. Paul says it can be well with your soul during difficult times through the power of \_\_\_\_\_.

**III. Finding Contentment in Difficult Times**

- A. Pray "Heavenly Father, I can't do this, but \_\_\_\_\_ can."
- B. Pray "Heavenly Father, \_\_\_\_\_ me the secret to contentment."
- C. That thing that causes you to be discontent is at the center of where God has the potential to do the greatest \_\_\_\_\_ in your life.

***Things I Would Like to Remember About This Message***

---

---

---

---

---

---

---

---

# ASBURY DAILY STUDY GUIDE

## INTRODUCTION

Horatio Spafford had to face unspeakable tragedies in his life. His son died with pneumonia in 1871, and in that same year, much of their business was lost in the great Chicago fire. In 1873, his four daughters died on a ship that sank in the Atlantic Ocean. That tragedy prompted him to pen the words to the Hymn "It Is Well with My Soul." All of us know that wonderful hymn, but is it really possible to be well in your soul in the midst of tragedy.

---

### Monday: Philippians 4:10-13

While spending time in a Roman prison, Paul writes that he has learned to be content in all circumstances. Does the kind of contentment the apostle Paul describes seem achievable in your own life? Why or why not?

---

### Tuesday: Hebrews 13:1-6

The writer of Hebrews tells us to be content with what we have (v.5). This is an important warning because discontentment can drive us toward self-destructive decisions and regrets. Do you know someone who lives with pervasive discontentment? If so, how does that discontentment affect the quality of his or her life?

---

### Wednesday: Matthew 14:13-21

The disciples were ready to send everyone home to eat because they did not have enough food to feed everyone. Jesus said to them "bring me what you have" and he did something extraordinary with this challenging circumstance. What are some things that make it difficult for you to believe God may do extraordinary and unexpected things through your challenging circumstances?

---

### Thursday: Exodus 15:19-21

After 400 years of slavery, the Israelites were finally free after Pharaoh's army went into the sea. The Israelites sang and rejoiced because of their freedom. Talk about a season in your life when you were fully content. What was it about that season that fed your contentment?

---

### Friday: Acts 16:16-40

While in prison, Paul and Silas were praying and singing hymns to God. They were content in their challenging circumstances. What is your primary source of discontentment right now? What is one thing you can do to live with more contentment from the knowledge that you can't change your circumstances, but Jesus can?

---

## MOVING FORWARD

We all face circumstances that stir deep discontentment within us. Relationships break, careers crumble, and dreams die. These things happen to everyone. But when it's happening to you, you feel like you're the only one who faces loss. The secret of contentment is Christ in you, empowering you. Think about your primary source of discontentment. You can't, but he can and he will through you.

---

*Answers to the sermon notes: IA) died, B) pain, IIA) circumstances, B) secret, C) Christ.  
IIIA) you, B) teach, C) work.*