

**BAD
BLOOD**
SERMON SERIES • APRIL 3 - 17

Sermon Notes
April 17, 2016
“Shaking off the Dust”
Galatians 6:1-5

I. It takes two

- A. To have _____ in a relationship you need to have two willing parties.
- B. Proverbs 26 says that _____ continually behave in ways that hurt themselves or others.

II. Boundaries

- A. _____ separate what you are responsible for and what the other person is responsible for.
- B. We are responsible to help carry each other’s _____.
- C. We are responsible for carrying our own _____.

III. Finding peace with boundaries

- A. When we carry another person’s load, we _____ them of experiencing the outcomes of their decisions.
- B. Unconditional love does not mean _____ assistance.
- C. We should set a boundary and then be _____ to someone.

Things I would like to remember about today’s message

Asbury Daily Study Guide

Monday: Luke 5:17-26

The paralyzed man relied on his friends to carry him to Jesus and get help. Jesus calls us all to be stretcher bearers for others who can't carry their burden. There will also be times in our lives when we will need stretcher bearers to help with our burdens. Do you find it more challenging to give help to others or to receive help from others? How do you think that tendency has affected your relationships?

Tuesday: Galatians 6:1-5

Paul reminds us that as followers of Jesus we are to carry one another's burdens. Those burdens may be when someone loses a job, loses a loved one, has gotten sick, or has a significant need. Has there ever been a time when someone helped you carry a burden. How did that experience affect your relationship with that person? How did it affect your relationship with God?

Wednesday: Proverbs 26

Proverbs 26:11 *"Like a dog that returns to its vomit, so a fool repeats foolish mistakes."* Unconditional love does not mean unlimited assistance. We need to establish boundaries in a relationship so that each person can carry their own load. We are to help with one another's burdens not the person's load that was meant for them to carry. During the message, Pastor Eric asked, "When does my continual extension of assistance become irresponsible?" Have you ever had to wrestle with this question in a relationship? If so, what happened?

Thursday: Genesis 27:1-41

Jacob deceived his father and stole his brother Esau's blessing. Esau was angry and vowed to kill Jacob. It looked like their relationship would never be restored. However, many years later they overcame their bad blood and reconciled. Is there a "bad blood" relationship in your life in which reconciliation seems impossible? If so, what can you do to begin to set healthy boundaries in that relationship?

Friday: Jeremiah 29:4-14

The Israelites had turned away from God which resulted in God removing his hand of protection from them. The Babylonians conquered Judah and took the Israelites into captivity in Babylon. There were consequences to their actions but God promised them that they would return. The people turned back towards God and God restored them. Talk about a time when you learned a valuable lesson because of negative consequences. What might your life look like now if someone had helped you avoid those consequences?

MOVING FORWARD

God holds us responsible for helping to carry others' burdens. He doesn't hold us responsible for carrying others' loads. When we carry another person's load, we rob that person of experiencing the outcomes of his or her decisions. Set boundaries in your relationships. Be accountable to someone.

Answers to the sermon notes: IA) peace, B) fools. IIA) Boundaries, B) burdens, C) load. IIIA) rob, B) unlimited, C) accountable.