



# SERMON NOTES

## THE WALK FIVE ESSENTIAL PRACTICES OF THE CHRISTIAN LIFE

Week 6 (March 28):  
“The Five Practices  
from the Cross”

*Matthew 20:28, 27:46; Luke 19:10, 23:34, 46, 42-43;  
John 3:16, 4:10, 12:32 19:26-28*

- I. Introduction
  - A. On the cross, Jesus is pursuing the \_\_\_\_\_ essential practices.
  - B. The various Gospels record \_\_\_\_\_ last statements of Jesus from the cross.
- II. The Five Practices from the Cross
  - A. Although Jesus felt abandoned by God he still \_\_\_\_\_. (Worship)
  - B. On the cross, Jesus was able to draw upon what he studied in \_\_\_\_\_. (Study)
  - C. Jesus’ death on the cross reminds us that he saw himself as a \_\_\_\_\_ giving himself to redeem the world. (Serve)
  - D. The cross is the highest expression of \_\_\_\_\_ and self-giving. (Giving)
  - E. Jesus’ mission and passion was to \_\_\_\_\_ others to Him. (Sharing)
- III. God’s Love – Our Response
  - A. Through his death on the cross, Jesus showed us the extent of human depravity and the depth of God’s redeeming \_\_\_\_\_.
  - B. The cross displays a love so amazing that it demands our full \_\_\_\_\_ to him.

### *Things I Would Like to Remember About This Message*

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# ASBURY DAILY STUDY GUIDE

## INTRODUCTION

Over the last five weeks, we have studied five essential practices of the Christian life – worship, study, serving, giving, and sharing. And the goal of this series has been to close the gap between the Christians we are and the Christians God wants us to become by focusing on these spiritual practices. That all sounds good, but why are these practices so significant? Are they necessary?

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### Monday: Luke 23:44-46

On the cross Jesus quoted a single verse from two psalms—but in both cases he likely had the whole psalm in mind. In Psalm 31:14-15, after describing enemies seeking his life, the psalmist wrote, “I trust you, Lord! I affirm, ‘You are my God. My future is in your hands....’” Imagine the inner power of that worship statement for Jesus on the cross. How can you, like Jesus, root your inner life in Scripture, so that you worship in good times and bad with deep inner trust in God?

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### Tuesday: Luke 23:33-34, 47

Jesus had taught the kind of behavior he showed (cf. Luke 6:27-28). But we all know what a gap can sometimes exist between words and actions. In later reflection, the letter to the Hebrews suggested that even Jesus had to learn and grow (cf. Hebrews 5:7-8). If Jesus in his humanity needed to grow, clearly all of us do, too. What steps toward growth has this Lenten season inspired you to take?

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### Wednesday: John 19:25-27

We often tell one another that we’ll “be there” for each other. What price did Mary have to pay in order to “be there” as her son was crucified? How was Jesus “there” for Mary, despite the suffering he was going through? How confident are you that Jesus will be there for you when you face difficult times?

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### Thursday: Matthew 27:45-46, Galatians 1:3-4

Jesus asked, as we do, “Why?” When have you felt pain so intense that you cried out to God, “Why?” How can it give you strength at times like that to know Jesus deliberately gave himself up to that experience before you, and for you?

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### Friday: Luke 23:39-43

We often use the term “deathbed conversion” to describe an insincere effort to avoid eternal judgment, but God’s grace was still there on that awful Good Friday. What does Jesus’ response to the thief dying on the cross tell you about God’s heart toward anyone who turns homeward, at any time?

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## MOVING FORWARD

On the cross we see Jesus pursuing the five essential practices. These are evident from Jesus’ seven final statements from the cross. These practices shaped Jesus’ life and they should shape our lives as well. Through his death on the cross, Jesus showed us the extent of human depravity and the depth of God’s redeeming love. The cross displays a love so amazing that it demands our full devotion to Him. This week evaluate how you are doing with these five practices and select one to improve on this year.

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*Answers to the sermon notes: IA) five, B) seven. IIA) prayed, B) scripture, C) servant, IID) generosity, E) draw. IIIA) love, B) devotion.*